**Our Mission:** To provide career counseling services through personalized vocational assessment, and evaluation. To promote self-awareness and to identify individuals’ Strengths, Interests, Aptitudes, and help them maximize their full potential.

**Vocational Assessment**

**Counseling**

**Who are the Vocational Assessment Career Counselors?**

The Vocational Assessment Counselors are fully trained professionals who specialize in the field of personal development, education and growth potential.

**Who should seek the help of a Vocational Counselor?**

****All CalWORKs participants who have limited education and/or work experience, or those who may be uncertain about vocational goals, should seek the assistance of the Vocational and Career Counselor. Individuals who are challenged by a variety of personal and employment barriers such as: physical disabilities, learning difficulties or substance abuse.

**What are the assessments tools the Vocational Counselor utilizes to help me?**

|  |  |
| --- | --- |
| * Academic Skills

**“*What would be the best job for me?”*** | * Interests
 |
| * Abilities & Values
 | * Vocational Skills
 |
| * Learning Difficulties
 | * Self Employment
 |
| * Degree Evaluation
 | * HSD/GED
 |

**After my vocational assessment, what are my options?**

Once your vocational assessment is completed, the Counselor will present you with the most viable options to reach your goals and ensure your success. Some of the options may include: Vocational Education, Employment Training, Career Exploration, and/or further vocational counseling.

**How do I sign up to receive these services?**

There are several ways to sign up for these services:

1. Contact your case worker, or
2. If you are participating in a Welfare to Work

activity (Job Club, Job Search, CWEX, Life Skills),

please let your facilitator know, or

1. Call (916) 875-3330 and ask for a VAC Supervisor